

## Dictionary for the Components

### **Esteem**

Sensitivity in relating to individuals - how an individual prefers or needs to deal with close personal (one-on-one) relationship issues that impact one's sense of self-esteem - especially approval and criticism issues in these close relationships.

### **Acceptance**

Relating to people in groups - how an individual deals with people in groups or casual situations. The amount of participation and involvement a person expects, not only with work teams in group settings, but also with people in social gatherings.

### **Structure**

Systems and procedures - how an individual prefers to control the issues associated with detail, structure, follow through and routine.

### **Authority**

Directing and controlling - how an individual deals with authority. Authority addresses the amount of dominance a person prefers to exercise and expects from others.

### **Advantage**

Individual and team competitiveness - how comfortably an individual deals with security and materialism issues with financial or prestige risk.

### **Activity**

Preferred pace for action - how an individual directs his or her use of physical energy. How energy is expressed or used and how the person best goes about recharging that energy.

### **Challenge**

Self imposed demands for achievement - how an individual manages or maintains commitment and feelings of overall self-worth.

### **Empathy**

Involvement of feeling - how an individual goes about expressing and dealing with emotions and feelings; the openness or comfort felt with the emotional aspects of life.

### **Change**

Dealing with change - how an individual handles interruptions and disruptions of significant priorities and efforts.

### **Freedom**

Personal independence - how unconventional an individual is in outlook. The person's spontaneity when approaching tasks and situations.

### **Thought**

Active vs. reflective orientation - how an individual approaches decision-making. It deals with how much time and reflection a person takes and expects from others when making decisions.

The Components-At-A-Glance contains 33 scores describing Usual Behavior, Individual Needs and Stress Behavior in eleven areas.

**COMPONENTS AT A GLANCE**

